



A SUNLIT ABSENCE

Silence, Awareness, and Contemplation

*(Six Sessions drawing inspiration from the teaching of Fr Martin Laird,
Facilitated by Moyalia Tokmak)*

In a Sunlit Absence Fr Martin Laird draws us into the living stream of the Christian contemplative tradition, where prayer is shaped by love and surrender.

This series offers space to:

- ♥ Recognise awareness as the ground of prayer.
- ♥ Enter the wisdom stream of the desert mothers and fathers where prayer is shaped through silence, watchfulness and humility.
- ♥ Become familiar with distraction without resistance or self-criticism.
- ♥ Dwell with the unknowing named by the mystics as darkness, cloud or night, without rushing to understand.
- ♥ Notice how desire is slowly purified, not by effort but by faithful returning.
- ♥ Learn to remain present when prayer feels empty, dry or absent.
- ♥ Trust that what feels like loss may be the deepening Work of God.



WHEN: Term 1 – Tuesday weekly from 10 February to 17 February, then 3 March, and 17 March – 31 March 2026.

9.45 am for prompt 10.00 am start to 12.30 pm.

WHERE: SYCHAR (House of Prayer and Spirituality),
69 Margaret Street, Toowoomba

COST: A contribution towards Sychar's ongoing mission would be appreciated.

REGISTRATION: Bookings via Try Booking <https://www.trybooking.com/DIYFJ>