

## FOURTH TERM SCHEDULE: 6 OCTOBER- 12 DECEMBER 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Gardening, library oversight, cleaning, general administration and maintenance.	Meditations on the Parables  Six sessions drawing from the contemplative approach of Thomas Keating  9.45 am for a 10.00 am start until 12.30 (approx.)  28 October-2 December (flyer available)  Christian Meditation 4.00 pm -4.45 pm 21 October ff (flyer available)	Mystical Hope: Trusting in the Mercy of God (Repeat)  Five sessions drawing inspiration from the work of Cynthia Bourgeault  9.45 am for 10.00 am start until 12.30 pm (approx.).  29 October-26 November (flyer available)  Chrysalis 2.30 pm – 4.00 pm 22 October 2025 ff	Centering Prayer in the Tradition of Fr Thomas Keating  9.45 am for 10.00 am start until 11.00 am.  30 October ff. (flyer available)  Shared Christmas lunch and reflection 11 December starting 11.00 am  Men Seeking Wisdom 7.00 pm - 8.30 pm Starting 16 October	Planning and Preparation  Friends of Silence unguided silent personal prayer time  10am -1.00pm October 31 ff  (flyer available)  Walking as Hope into the Promised Light  A Candlelight Facilitated Advent Labyrinth Walk.  5.45 pm for 6pm start Date 5 December (flyer available)