

Mystical Hope: Trusting in the Mercy of God

Five sessions drawing inspiration from the work of Cynthia Bourgeault.

facilitated by Moyalía Tokmak

In this Jubilee Year of Hope, Cynthia offers

- profound and amazing insights into an inner joy that can be found in the midst of personal disappointment.
- encouraging words pointing us to hope as a hidden spring of mercy deep within us
- a challenge to us as Church 'to become a sign of hope in a broken world, to walk the talk of love, compassion, forgiveness, and compassion.'



Cynthia Bourgeault is a modern-day mystic, Episcopal priest, writer, and internationally acclaimed retreat leader, traveling globally to spread the recovery of the Christian contemplative and Wisdom paths. She is a faculty member emeritus of the Center for Action and Contemplation and the founding director of an international network of Wisdom schools, uniting classic Christian mystical and monastic teaching with contemporary practices of mindfulness and embodied presence. She has been honoured as one of the 100 most spiritually influential living people in 2021.

WHEN: Five Tuesdays 29 October – 26 November 2025

9.45 am for prompt 10.00 am start to 12.30 pm.

WHERE: SYCHAR (House of Prayer and Spirituality),
69 Margaret Street, Toowoomba

COST: A contribution towards Sychar's ongoing mission would be appreciated.

REGISTRATION: Bookings via try booking <https://www.trybooking.com/DFTJV>

