REDISCOVERING OUR SOUL

A Reflection Day at Sychar House, Toowoomba

Facilitated by Patrick Oliver

This reflection day will be a blend of input, quiet reflection and sharing.



The day is designed to give opportunity for us to become aware again of what we can so easily lose: a sense of our soul's wonder, mystery and simplicity. Patrick will look at ways in which we can listen to and experience the beauty and challenge of our soul, which has always known and recognised God from the beginning.

"Our soul is not in the body. Our body is in our soul" Meister Eckhart (13th century).

WHEN: Saturday 20 April 2024

TIME: 9.00 am for prompt 9:30 am start.

Workshop concludes by 2.30 pm.

WHERE: SYCHAR House,69 Margaret Street,

Toowoomba

Tea/coffee will be provided. Please bring your own lunch. (Lunch will be silent)

COST: \$25.00 per participant paid in advance or on arrival. Payments can be made either by electronic transfer (details below), cheque or cash. For exemption,

please contact Sychar in advance.

REGISTRATION: Bookings via try booking https://www.trybooking.com/CQNNF



Patrick Oliver has been accompanying folk in their faith journeys for thirty-seven years: ten in pastoral situations, and twenty-seven in specific spiritual direction. He completed an M.A. in Studies in Religion (1994) and a PhD in theology and spirituality (1999).

Electronic Transfer:

<u>Note:</u> Payments go into a special fund held for Sychar within the Diocesan Account, so please ensure that Reference details are properly filled in as indicated below.

Bank: NAB **BSB**: 084-961

Account No: 65 309 7284

Account Name: Corp of the Roman Catholic Diocese of Twba (CRDOT) (If there is not enough space for the full account name, CRDOT will be acceptable)

Reference: Sychar Spiritual, "Rediscovering Our Soul", your name.

Payment by Cheque:

Cheque is to be made out to "Catholic Diocese of Toowoomba" but handed in at Sychar.