

Support services for children & young people



kidshelpline
Anytime Any Reason

Kids Helpline offer 24 hour a day phone & online counselling service for young people aged 5 to 25.

Phone: 1800 55 1800
Website & Online Chat:
www.kidshelpline.com.au



Youth Beyond Blue supports children & young people with mental health issues or questions.

Phone: 1300 22 4636
Website & Online Chat:
www.youthbeyondblue.com



Lifeline offers crisis support 24 hours a day for everyone who might be worried, angry, upset or stressed about something.

Phone: 13 11 14
Website & Online Chat:
www.lifeline.org.au