

Walking the Labyrinth - A Prayerful Pilgrimage to Inner Being

Facilitated by Lee ann Weekes



- We will be introduced to the single twisting path of the labyrinth as a help to reflection, prayer and listening to what God is saying to us.
- We will open ourselves through our labyrinth pilgrimage to a deeper exploration of our spirituality and relationship with God.
- As we walk the labyrinth (or finger the pattern of a hand-held labyrinth), we will be invited to enter contemplatively into God's presence, to BE without words, concepts or images.

WHEN: Saturday 12 November 2022

TIME: 9.15 am for 9:45 am start. Workshop concludes at 2.45 pm approx.

WHERE: SYCHAR (House of Prayer and Spirituality),
69 Margaret Street, Toowoomba

TO BRING:

- A journal or own writing materials or
- Your preferred means of creative expression such as
 - drawing or painting materials
 - camera for some photography
 - craft work – knitting or crocheting etc

Please bring your own lunch. Tea/coffee is provided.

COST: A donation to Sychar's ongoing mission would be appreciated.

REGISTRATION: ALL bookings to be made via try booking

<https://www.trybooking.com/CCFZM>

Lee ann Weekes works at the Toowoomba Catholic Schools office as an Education Officer in Mission and Identity, providing support to schools in Religious Education the religious life of the school. She has worked in Catholic and Christian schools for 33 years with a variety of classroom teaching, specialist music, technology and curriculum support roles as well as a number of Leadership roles including Assistant Principal Religious Education. Lee ann values spending quality time with her family, friends and colleagues. Nurturing her relationship with her God, encountered through contemplative prayer, is a key aspect of her life

