

The Pilgrimage of Life

Facilitated by Pat Quinn MSS

While some have engaged in an organized journey to a special shrine, we have all embarked on the sacred journey of life. This workshop will support you in discovering some significant moments in your life's journey where you have had spiritual experiences, perhaps not even knowing at the time. We will explore life through the lens of inner and outer journeys that might be called pilgrimages.

We will use guided journal writing, reflection in nature, symbols, group sharing and art for those who like that medium.



WHEN: Saturday 15 October 2022

TIME: 9.00 am for 9:30 am start. Workshop concludes at 3.30 pm approx.

WHERE: SYCHAR (House of Prayer and Spirituality),
69 Margaret Street, Toowoomba

TO BRING:

- A journal or own writing materials
- Art materials for those wishing to use art.

Please bring your own lunch. Tea/coffee is provided.

COST: A donation to Sychar's ongoing mission would be appreciated.

REGISTRATION: ALL bookings to be made via try booking

<https://www.trybooking.com/CCGAA>